

### **The Memory Café – Whitburn**

Whitburn Pentecostal Church,  
Reveston Lane, Whitburn, EH47 8HJ  
(adjacent to Answer House)

Second Tuesday of the Month  
1.30pm-3.15pm

2019 dates

For further information contact  
Alzheimer Scotland on 01506 533 108

---

### **Forget Me Not Cafe – East Calder**

East Calder Parish Church Hall  
Main Street, East Calder, EH53 0HF

Last Thursday of the Month  
10am-12pm

2019 dates

For further information Contact:  
Alzheimer Scotland on 01506 533 108

---

### **The Caring Cafe – Linlithgow**

The Lowport Centre  
1 Blackness Road, Linlithgow, EH49 7HZ

Third Wednesday of the Month  
10am-12pm

2019 dates

For further information Contact:  
Margaret or May at Linlithgow Link on  
01506 845 137

---

### **The Memory Café – Uphall/Broxburn**

Strathbrock Partnership Centre, Entrance B,  
189a West Main Street, Broxburn, EH52 5LH

Fourth Tuesday of the Month  
10am-11.30am

2019 dates

For further information Contact:  
Alzheimer Scotland on 01506 533 108

### **The Sunlight Cafe – Fauldhouse**

The Partnership Centre, Lanrigg Road,  
Fauldhouse EH47 9JD

Second Thursday of the month  
1.30pm – 3.00pm

2019 dates

For further information Contact:  
Alzheimer Scotland on 01506 533 108

### **Memory Cave Cafe – Armadale**

The Community Centre, North Street  
Armadale, EH48 3QB

Third Friday of the Month  
10.00am -12.00pm

2019 dates

For further information Contact:  
Alzheimer Scotland on 01506 533 108

## **Bathgate Memory Cafe**

Rosemount Gardens, Mid  
Street, Bathgate EH48 1QW

First Monday of the Month  
1.30pm–3.00pm

2019 dates

For further information Contact:  
Alzheimer Scotland on 01506 533 108

## **Cafe Connect Extra – Livingston**

Dedridge Baptist Church, Quentin Rise  
Dedridge, Livingston, EH54 6QR

First Wednesday of the Month  
2pm–3.30pm

2019 dates

For further information Contact:  
Alzheimer Scotland on 01506 533 108

## **Memory Cafe – Livingston North**

Newyearfield Farm Community Centre  
Hawk Brae, Livingston, EH54 6AB

Third Thursday of the Month  
2.15pm–3.30pm

2019 dates

For further information Contact:  
Alzheimer Scotland on 01506 533 108

## **Contacting us**

For further information on any of our  
services, please contact:

**Alzheimer Scotland**  
Unit 1 Grampian Court  
Beveridge Square  
Livingston, EH54 6QF

**Phone:** 01506 533 108

**Email:** [WestLothianServices@alzscot.org](mailto:WestLothianServices@alzscot.org)



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity safely.

Alzheimer Scotland – Action on Dementia is a company limited by guarantee, registered in Scotland 149069. Registered office: 160 Dundee Street, Edinburgh EH11 1DQ. It is recognised as a charity by the Office of the Scottish Charity Regulator, no. SC022315 07/17

# **West Lothian Cafes for people living with dementia and their carers 2019**



Do come and join us at one or more  
of the cafes!

Come for the whole session, or you're  
welcome to just pop in as it suits you

*Making sure nobody faces dementia alone.*