

ARMADALE

ARMADALE YOUTH SPACE , 18A West Main Street (entrance around the back, next to Citroen showroom):

Healthy Respect Drop In – every Friday, 1.00pm – 3.00pm

General and sexual health information, C:Card Plus, pregnancy testing, chlamydia postal testing kits and signposting to other services.

ARMADALE CLINIC, North Street:

Monday-Friday, 9.00am – 5.00pm

C:Card Direct

BATHGATE

BOGHALL COMMUNITY HEALTH CENTRE:

Healthy Respect Drop In – every Friday, 1.00pm – 3.00pm

General and sexual health information, C:Card Plus, pregnancy testing, chlamydia postal testing kits.

BATHGATE PRIMARY CARE CENTRE:

Young Person's Drop In – every Friday, 1.00pm – 3.00pm (Tel. 01506 630771)

Especially for young people aged 12-20 years where you can turn up with an appointment and see a nurse or doctor.

Emergency contraception, C:Card Plus, pregnancy testing, sexually transmitted infections testing, all contraception, family planning, sexual health and relationships advice and support.

CHILL OUT ZONE, 7 Gardner's Lane (Tel. 01506 652436):

Offers drop-in, health clinic, counselling, healthy eating café, information, advice and support to ages 12-20 years.

Medical Service Drop In – Monday/Wednesday/Thursday, 5.00pm-6.00pm and 6.30pm-7.30pm.

Emergency contraception, C:Card Plus, pregnancy testing. Contraceptive pill and injection also available but please phone ahead to ensure doctor is in.

Drop In – Monday/Wednesday/Thursday, 6.30pm-8.30pm.

Advice available regarding healthy eating, mental health, drugs and alcohol, smoking sexual health and relationships.

BOOTS THE CHEMIST, 26-30 George Street (Tel. 01506 652682):

Monday-Saturday, 8.45am – 5.30pm.

C:Card Plus and free emergency contraception.

DEANS, LIVINGSTON

KNIGHTSRIDGE ADVENTURE PROJECT – 'VENNIE' (Co-ordinator Tom Herron – Tel. 01506 432094):

Monday (5.00pm-8.30pm), Tuesday (1.30pm-8.30pm,) Thursday (7.00pm-8.30pm), Friday (12.00pm-8.30pm).

C:Card Plus and signposting available at all these sessions. C:Card Plus is, however, available outwith these times, as and when required by the Vennie service users.

KNIGHTSRIDGE, LIVINGSTON

INVERALMOND COMMUNITY HIGH SCHOOL:

Healthy Respect Drop In – Every Tuesday, 12.30pm-1.30pm

General and sexual health information, C:Card Plus, pregnancy testing and chlamydia postal testing kits.

WEST LOTHIAN YOUTH ACTION PROJECT, ELIBURN COMMUNITY HOUSE, 33 ALLER PLACE (Tel. 01506 461588):

Thursday, 4.00pm-6.00pm and Friday, 2.00pm-8.00pm.

C:Card Plus and chlamydia postal testing kits.

HOWDEN, LIVINGSTON

HOWDEN GUM (Genitourinary Medicine) CLINICS

All clinics now operate as an Integrated Sexual Health Service combining GUM and Family Planning. The service will provide a combination of walk-in and booked clinics.

Patients should phone to book an appointment as our walk-in clinics have limited capacity.

Booked appointments can be made via the Chalmers Sexual Health Centre – Tel. 0131 536 1070.

Walk-In Clinics:

Tuesday evenings, Registration at 4.30pm

Friday mornings, Registration at 9.00am

Booked Clinics:

Tuesday afternoon – 1.00pm-3.30pm

Tuesday evening – 6.00pm-7.30pm

Thursday afternoon/evening – 1.00pm-7.00pm

Friday morning – 10.30am-12.00pm

Friday afternoon – 1.30pm-3.00pm

Nurse Advice Line – Chalmers Sexual Health Centre operates Monday-Friday, 8.30am-12.30pm and 1.30pm-4.00pm.

Online information available from www.lothiansexualhealth.scot.nhs.uk

C:Card Direct available at Howden Health Centre Reception on Tuesday and Thursday, 9.00am-5.00pm.

BROXBURN

STRATHBROCK PARTNERSHIP CENTRE – COMMUNITY WING:

Healthy Respect Drop In – Thursday, 12.30pm-2.00pm (term time)

General and sexual health information. C:Card Plus, pregnancy testing and chlamydia postal testing kits.

STRATHBROCK COMMUNITY DESK:

Monday-Friday, 8.30am-4.30pm

C:Card Direct

LINLITHGOW

LINLITHGOW ACADEMY:

Healthy Respect Drop In – Monday, 1.10pm-2.00pm (term time)

General and sexual health information. C:Card Plus, pregnancy testing and chlamydia postal testing kits.

WEST LoTHIAN CONNECTED, LIVINGSTON

NHS HEALTHDESK, WEST LoTHIAN CONNECTED, ALMONDVALE CENTRE (Tel. 01506 777664):

Wednesday – 12.00pm-2.00pm, Thursday/Friday – 2.00pm-4.00pm

C:Card Plus.

WEST LoTHIAN COLLEGE, LIVINGSTON

Monday to Friday – 9.00am-3.00pm, or on request.

C:Card Direct.

Tel. 01506 427602

OATRIDGE COLLEGE, ECCLESMACHAN

Monday to Friday – 8.30am-10.30am, 12.00pm-1.00pm, 2.00pm-3.30pm, 6.00pm-7.00pm

C:Card Direct.

Tel. 01506 864800

WEST CALDER

WEST CALDER HIGH SCHOOL:

Healthy Respect Drop In – Thursday, 1.15pm-2.05pm (term time)

General and sexual health information. C:Card Plus, pregnancy testing and chlamydia postal testing kits.

POLBETH VILLAGE HALL:

Drop In – Thursday, 7.00pm-9.00pm

C:Card Plus and signposting to other services.

WHITBURN

WHITBURN HEALTH CENTRE, WEAVERS LANE:

Healthy Respect Drop In – Monday, 12.30pm-2.00pm

General and sexual health information. C:Card Plus, pregnancy testing and chlamydia postal testing kits.

BURNHOUSE SCHOOL:

Health Drop In – Wednesday, 12.30pm-1.30pm (term time)