

# Learning Disability Strategic Commissioning Plan

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2019-2023

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***"Increasing wellbeing and reduce health inequalities  
across all communities in West Lothian"***

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# 1. Introduction

In West Lothian we believe in providing support and services that allow our citizens to live well. The Learning Disability Commissioning Plan will act as a tool to allow us to work to this common goal across the West Lothian Health and Social Care Partnership (HSCP).

The Public Bodies (Joint Working) (Scotland) Act 2014 requires arrangements to be put in place for the delivery of integrated health and social care. As a result of this we have published the [West Lothian Integration Joint Board Strategic Plan 2019-23](#) setting out both our aims and strategic priorities to achieve this ambitious goal. The vision of the plan is to:

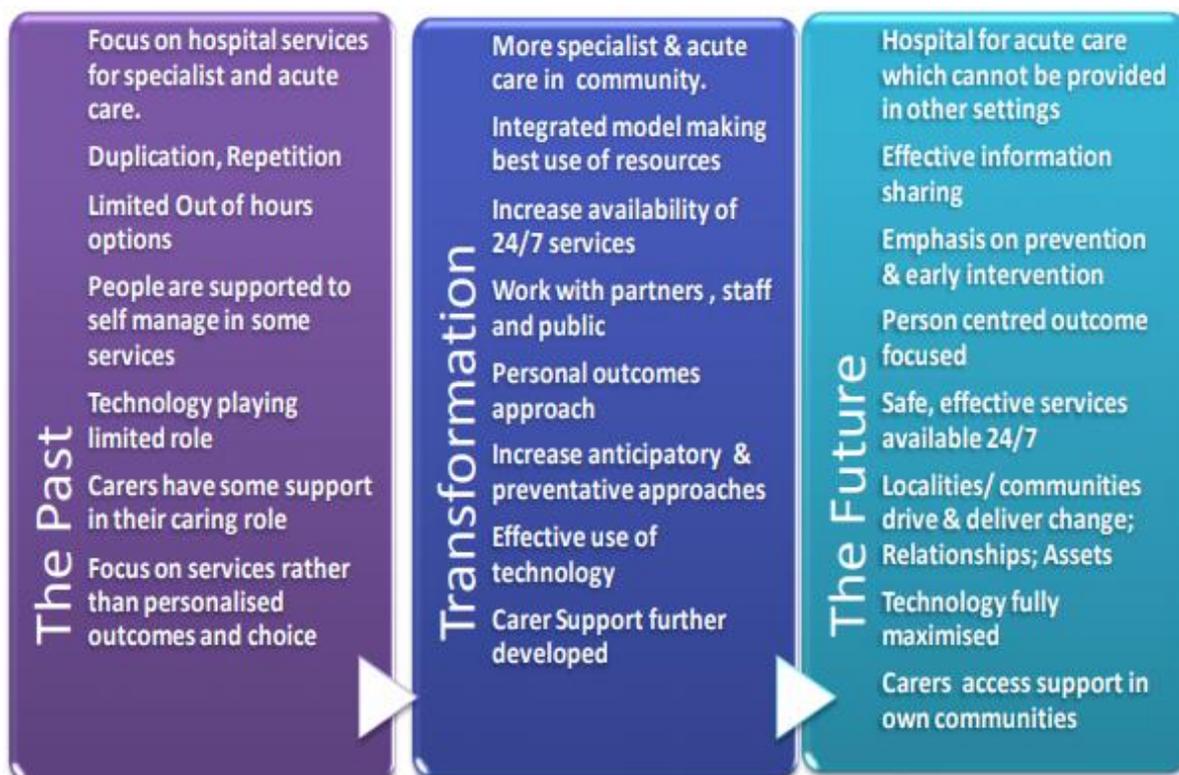
***“increase wellbeing and reduce health inequalities across all communities in West Lothian”***



By working to the values of both West Lothian Council and NHS Lothian, The Integration Joint Board (IJB) has developed this set of values that will underpin the future commissioning of the services outlined in this plan.

## 2. Our Approach

We have adopted a whole system approach to reviewing and developing mental health commissioning for adults in West Lothian. This means that we are thinking about how we invest our resources in hospital, community health and social care services in the future, recognising that in many instances services are delivered best when they are offered locally. We are working on the principle of offering health and care services in community settings unless there is a very good reason not to. We are focussing on how we shift the balance of care towards delivery of care and support at the right time in local communities.



Significant transformational change takes time and we recognise that it may take longer than the span of this plan to achieve all the changes we need. This plan builds on previous work and provides a firm foundation for developing our mental health services for adults in West Lothian over the next three years. We need to think carefully about how we manage our financial resources and our workforce to deliver new ways of working. It will be necessary to invest in some services and disinvest in others as our plans develop. We also need to build a sustainable workforce to address some of the workforce challenges we face, and to deliver the changes we need. We will ensure that we focus on maximising opportunities for integrated and partnership working.

The principals and key measures identified in this engagement will continue to be the basis of our commissioning plan, using refreshed data to continue to reflect the position of living in West Lothian today and in the future.

Following engagement through the adults with disability Commissioning and Planning Board, service provider forums, service user groups and open public forums, the learning disability in line with the national strategy, will:

- Reflect the needs and plans as articulated at a local level for West Lothian
- Confirm the desired outcomes and link them to investment
- Detail what services will be delivered against outcomes and the associated performance indicators
- Prioritise investment and disinvestment in line with assessed needs
- Ensure the resource deployment and performance is consistent with the duty of best value
- Ensure sound clinical and care governance is delivered

**A FAIRER SCOTLAND FOR DISABLED PEOPLE**



Our Delivery Plan to 2021 for the United Nations Convention on the Rights of Persons with Disabilities



Our aim is for people with a learning disability to be included in society and live life as equal citizens. Through the development of the Keys to Life strategy four strategic outcomes were identified which we are committed to supporting in West Lothian:

**A Healthy Life:** People with learning disabilities enjoy the highest attainable standard of living, health and family life;

**Choice and Control:** People with learning disabilities are treated with dignity and respect, and protected from neglect, exploitation and abuse;

**Independence:** people with learning disabilities are able to live independently in the community with equal access to all aspects of society;

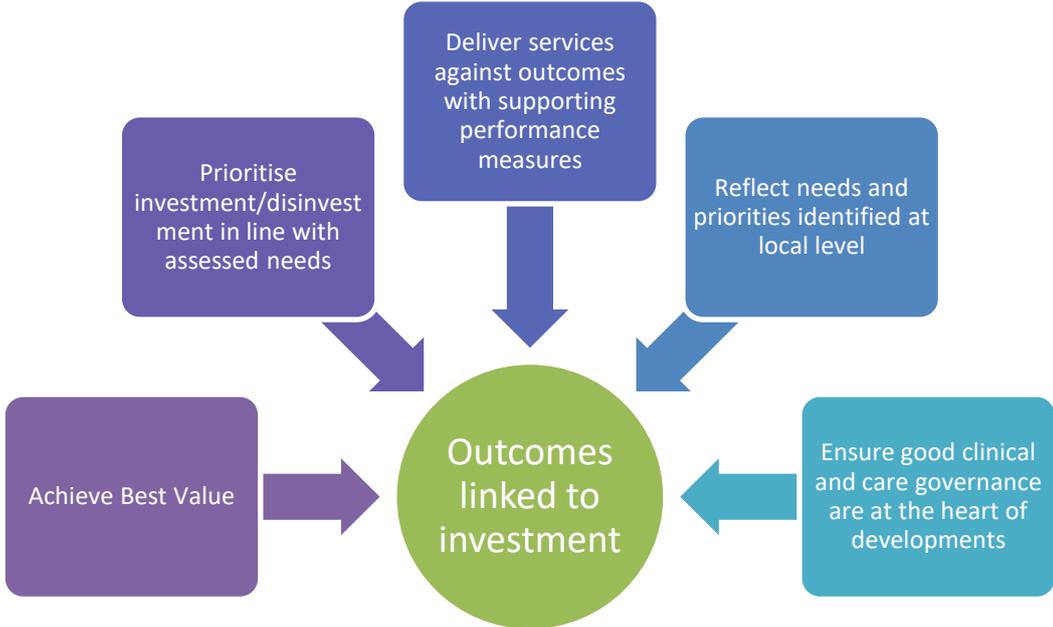
**Active Citizenship:** People with learning disabilities are able to participate in all aspects of community and society.

Our approach in West Lothian draws on the priorities outlined in the Mental Health Strategy and puts prevention and early intervention and the heart of service development.

The Scottish Government published Health and Social Care Standards: My Support, My Life in June 2017. The new Standards set out what we should expect when using health, social care or social work services in Scotland. They seek to provide better outcomes for everyone; to ensure that individuals are treated with respect and dignity, and that the basic human rights we are all entitled too are upheld. The development of our services will be based on the following underpinning principles:



The development of new West Lothian commissioning plan for Learning Disability services has involved consultation with the Integration Joint Board’s Strategic Planning Group, the Adults with Disabilities Planning and Commissioning Board, service providers and service user sub groups and carers. The commissioning plan aims to:



## Climate Change

West Lothian Integration Joint Board acknowledges its position of responsibility in relation to tackling climate change in West Lothian.

Organisations have a corporate responsibility to manage resources in a sustainable manner and in a way that minimises damage to the environment, for example through reducing the use of paper or emissions produced from vehicles and machinery, or simply disposing of waste materials in an environmentally conscious manner.

West Lothian IJB commits to influencing and encouraging an environmentally responsible approach to the provision of health and social care services in West Lothian wherever possible, through its strategic aims and decision-making processes.

### 3. Previous Plan and Key Results

In 2015, independent specialists in research were commissioned by the HSCP to develop a comprehensive needs assessment which was used as base for the 2016/17-2018/19 commissioning plan for Learning Disability. This needs assessment alongside engagement and consultation, created the priorities and action plans for the commissioning of services in West Lothian between 2016/17-2018/19.

Over the duration of the previous plan there has been great progress made within the partnership to ensure adults within West Lothian living with a Learning disability have been supported to live well.

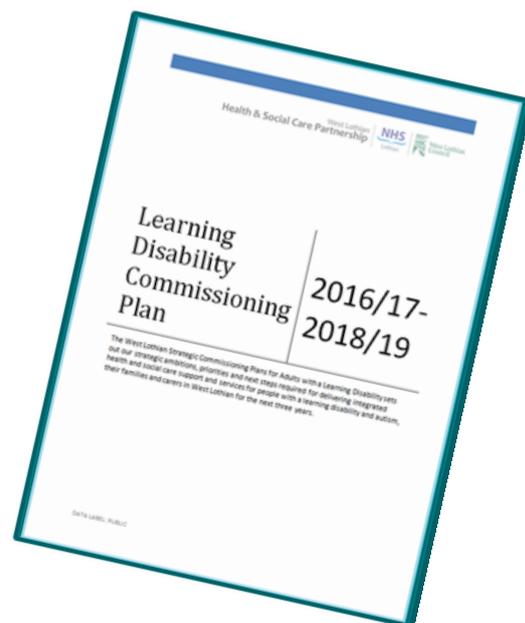
In the lifespan of the previous plan many key successes can be noted:

#### Development of 'core' housing models

Two core housing services have been developed supporting adults with learning disabilities to secure a mainstream tenancy. The developments in both Blackburn and Livingston were identified due to their links to local services and would support the promotion of independence. The Core and Cluster model of housing is one we are committed to continuing to deliver in West Lothian and which can be seen in the West Lothian Council Housing Strategy. There was also good progress made in supporting the NHS Lothian modernisation and re-design programme, shutting several health care houses across the Lothians to ensure that adults with a learning disability could live within their local community.

#### Health Screening

The 'Strengthening the Commitment' programme was used as a guiding tool to improve the uptake on health screening services at a local level. Work has also been completed on redesigning care planning tools to ensure that those living with a learning disability are registered with a dentist and regularly attend to improve oral health. In line with this programme, training was offered to both paid and unpaid carers of people with learning disabilities to improve to knowledge of oral health practice and services.



## Transitions

In West Lothian transitions workshops were run in partnership with 3<sup>rd</sup> sector providers to promote knowledge of good transition from full time education into adulthood. An officer developed operational support pathways for professionals, something which will be a key feature of this commissioning plan alongside the work that ARC and the Scottish Transitions forum developed promoting the 7 principals of good transition.

## Access to Information

A contract was awarded to one of our local third sector partners to deliver disability information and advice services, alongside their existing carer's services. This has allowed those living with a disability to access information and advice about local services and support that may be available to them. The new Health and Social Care Partnership website was also launched in 2019 to support the promotion and streamline information services to those in need.

## Complex needs relating to challenging behaviour

In line with the Royal Edinburgh campus design programme and overall move towards shifting the balance of care into local communities West Lothian HSCP is committed to developing a complex care housing development that support 16 adults. These mainstream tenancies will support those adults that display stressed and distressed behaviour due to their complex needs. Due to the size of the project and complex work plan this development will continue to be a focus in this Commissioning plan.

## Employment and Social Enterprise

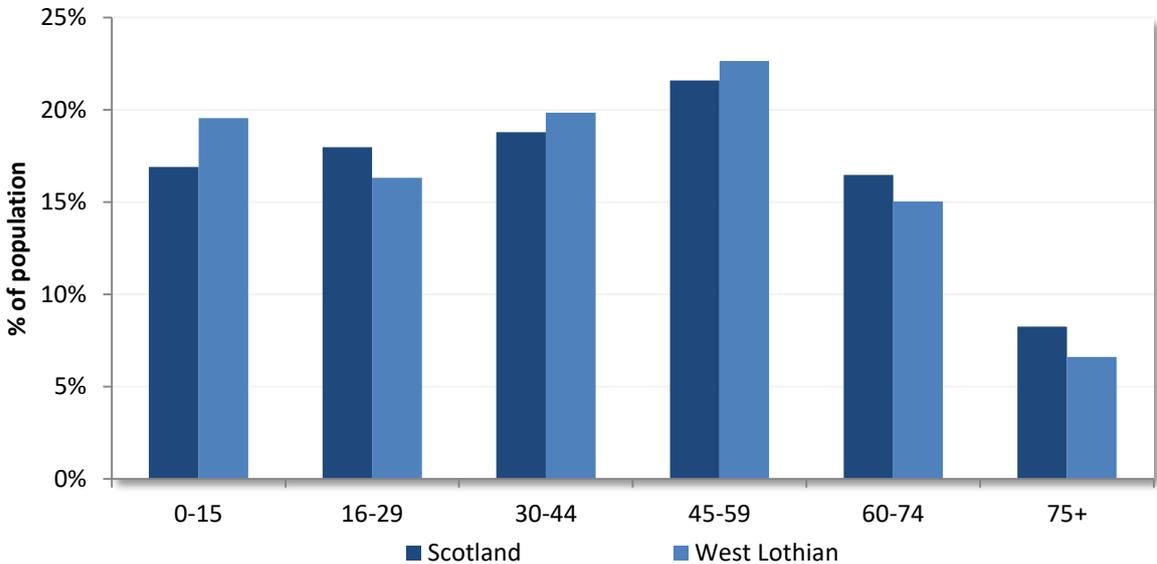
Opportunities for those living with a Learning Disability wishing to access paid employment has also increased in West Lothian. The development and promotion of the Support Employment service has allowed those who wish to work 16 hours a week or want to explore working in NHS Lothian through Project Search, have been supported to do so.

We also recognise that there is always more to do. We will continue to develop the complex care housing development mentioned in the 2016/17-2018/19 plan and work with colleagues in the HSCP, alongside education to improve transitions pathways for those moving from children to adult social work services. Ensuring choice through self-directed support will also be key in delivering many of the transformational changes discussed in the West Lothian IJB Strategic Plan 2019-2023. The priorities and actions in section 9 details this further.

## 4. West Lothian Context

According to National Records of Scotland, the 2017 population for West Lothian was 181,310; this is a 3.5% increase of the population figures reported in 2011 Census (175,118). In relation to the comparison areas, mid-year estimates for 2017 show West Lothian has a higher population than Falkirk (160,130) and Renfrewshire (176,830), and lower than South Lanarkshire (318,170). Scotland’s overall population is also shown (5,424,800).

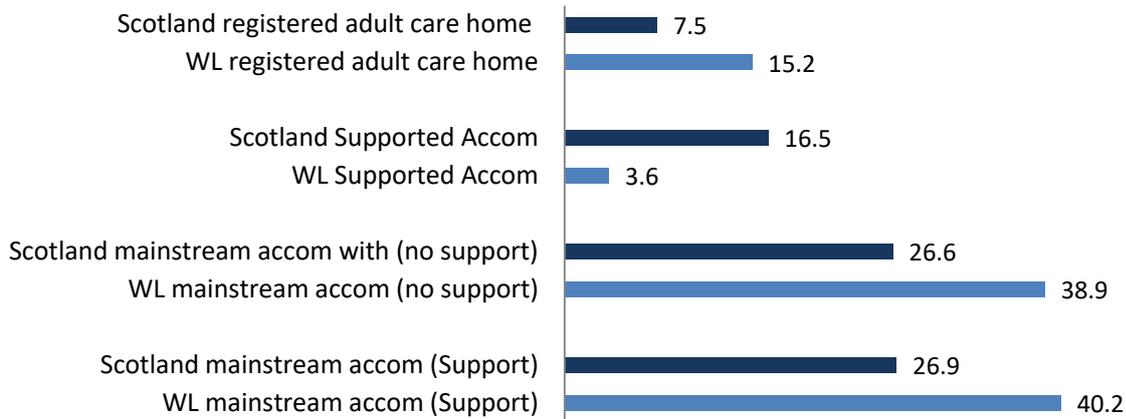
In terms of age, West Lothian’s population is broken down as follows:



As reported by the Scottish Commissioning for Learning Disability in 2018 approximately 1 in every 200 (4.9%) adults in West Lothian live with a Learning Disability, this equals to a total of 722 adults in total. This is slightly lower than the national average of 5.2%. 21.7% of these adults with a learning disability are autistic. It is important to mention that the statistics do not account for those autistic adults that do not have a learning disability, something that has been taken into account when developing the Commissioning plan.

There is an even split in West Lothian between those that live with a family carer (49.4%) and those that don’t (51.6%). Also detailed is the rate of adults with a learning disability sharing accommodation; 14% (101) living with up to three other individuals and 6% (43) living in a more traditional residential settings, with four or more.

## % of Accommodation options used by adults with a learning disability



It can be seen above that in West Lothian that access to mainstream tenancies, although 12% higher than the national average, there is still much to do to ensure that adults with a learning disability have the option to live within their community and not go into traditional care home settings if they do not wish.

In West Lothian there is a commitment to ensure there are a range of meaningful activities during the day for adults living with a learning disability. The HSCP will work closely with the third and independent sector to continually develop the IJB Market Facilitation plan to ensure the values of personalisation are expressed throughout. It is key to ensure that the HSCP can offer a range of sustainable options to support those living in West Lothian that require support to live independently.

### West Lothian LD day center usage



Positive destinations will continue to be a focus for the West Lothian HSCP in relation to supporting those living with a learning disability to achieve their personal outcomes. With 5.2% in Further or higher education, compared to 4.4%, West Lothian is higher than the national average however this needs to improve further.

Source: <https://www.sclid.org.uk/2018-report/>

## 5. Developing the new plan

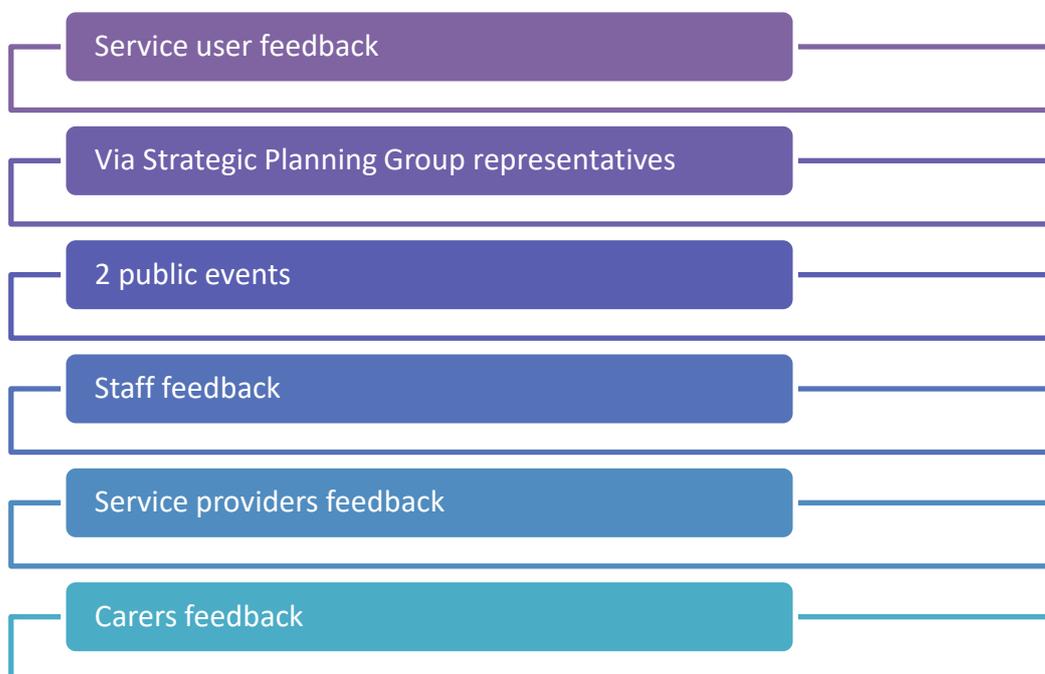
Strategic commissioning is the term used for all the activities involved in assessing and forecasting needs, linking investment to agreed desired outcomes, considering options, planning the nature, range and quality of future services and working in partnership to put these in place. Commissioning is commonly described as a cycle of strategic activities similar to that shown below:



In this model, based on that developed by the Institute of Public Care (IPC), the Commissioning cycle (the outer circle) drives purchasing and contracting activities (the inner circle), and these in turn inform the ongoing development of Strategic Commissioning.

## 6. Consultation and Engagement

The engagement process for the Adults with Disability Commissioning Plan comprised a range of methods including:



Engagement with staff groups across health and social care services took place where staff were asked to identify what was currently working well and to suggest areas for development. Completed feedback forms were discussed at meetings of the Adults with Disability Planning and Commissioning Board where ideas were collated and refined.

There was significant staff engagement. Feedback forms were completed by staff groups representing adult social work, adult learning disability community services, psychological therapy services and community health services to name a few. Feedback in relation to services for autistic people was also included in the feedback for the Learning Disability Commissioning plan.

Two public engagements events were held covering all of the commissioning plans which are older people, people living with a learning disability, people living with physical disabilities and people living with mental health problems. Information about these events was circulated widely, posted on West Lothian Council's social media and circulated to learning disability social care providers, community centres, contacts and

projects throughout West Lothian. The events were held on 8 October in Howden Park Centre in the afternoon and on 10 October in Bathgate Academy in the evening. 44 people attended the events and 12 people participated in the learning disability discussions, the main groups that were represented were from third sector service providers and parents and carers of those living in West Lothian.

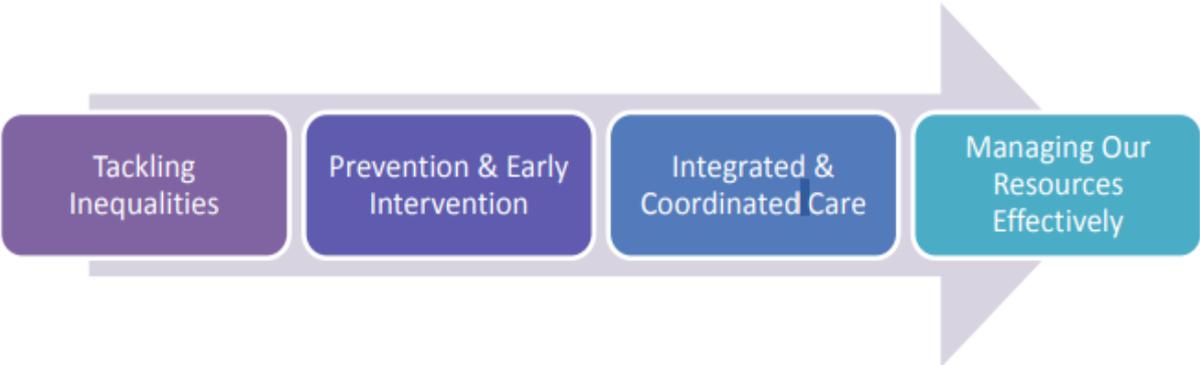
Key partners in social care services for those with a learning disability were invited to discuss the emerging priorities in an open forum which was well attended. Attendees included those offering advocacy services, housing provision, care in the community and information and advice. The strategic officer for the plan also engaged with several social care providers, local and national organisations focusing on both learning disability and services for Autistic people.

A copy of the full feedback summary can be accessed [here](#). Feedback was analysed and emerging key themes are detailed below. The feedback from the engagement process is one part of the information gathering exercise to inform the commissioning plan along with data and expert opinion from clinicians/service providers. The engagement feedback has supported the development of the priorities and actions detailed in section 9.

- Transition - a whole life approach
- Develop suitable housing options
- Meaningful and sustainable day opportunities
- Supporting carers and families
- Ensuring Choice through Self Directed Support (SDS)
- Complex needs relating to those displaying stressed and distressed behaviour
- Peer support and social activities
- Health screening
- Access to Information
- Inclusive services for Autistic People
- Employment

# 7. Our Strategic Priorities

Achieving sustainable health and social care systems and improving health and wellbeing outcomes in West Lothain requires transformational change over time. This will better support the transition to a future model of care. In light of this four strategic priorities have been identified:



## Tackling Inequalities

We recognise that as a partnership both health and social inequalities within our communities must be at the heart of our commissioning plans. As a result, we must ensure that services are accessible and aim to break down the barriers individuals face to good quality care. Working alongside community partners we aim to ensure everyone has access to income maximisation and specialist benefits and money advice in line with the principals of Scottish Social Security. Prioritising preventative, primary and community based services will allow those living in West Lothian, in the most disadvantaged groups to live well.

Inequalities are the unfair and avoidable differences in people’s health across social groups and between different population groups.

Social determinants of health are the conditions in which we are born and in which we live and work. They can impact on our health and wellbeing and include:

Childhood Experience	Housing	Education	Social Support
Family Income	Employment	Sense of Community	Access to Health Services

The Scottish Index of Multiple Deprivation (SIMD) is an area-based measure of deprivation which ranks all data zones in Scotland from 1 (most deprived) to 6,976 (least deprived) and is the Scottish Government's official tool for identifying areas of multiple deprivation. West Lothian has 239 data zones, 38 of which fall within the most deprived 20% of the SIMD index. SIMD pulls together data on 38 indicators covering seven domains: employment, income, housing, crime, health, education and access.

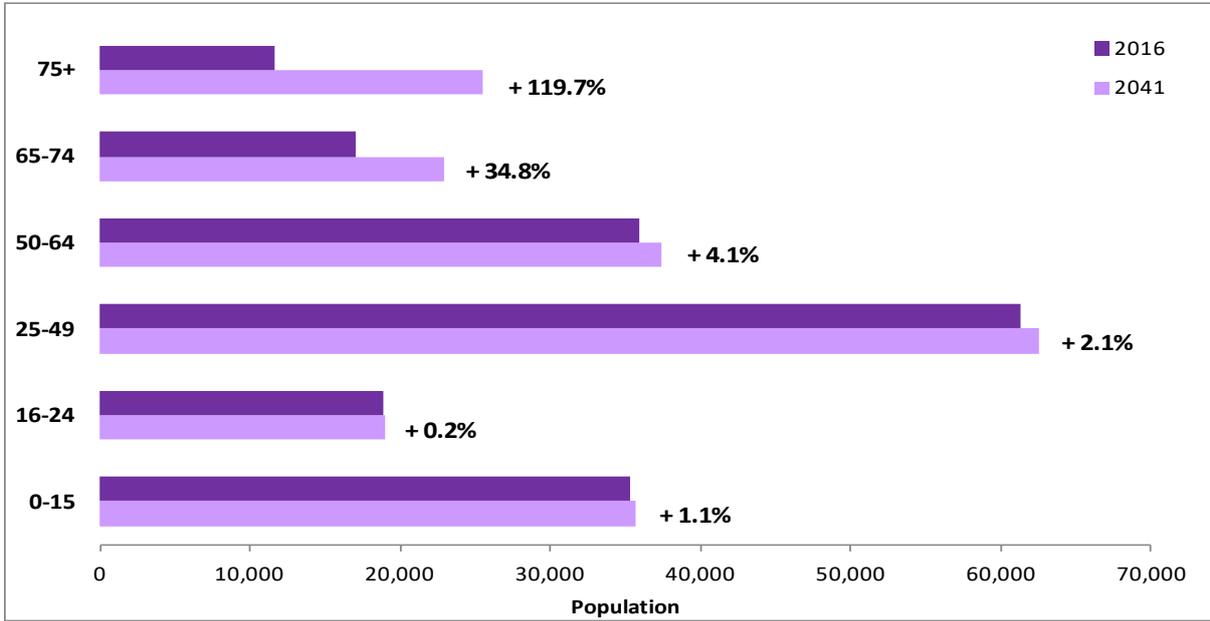
We will work with our partners to reduce the impacts of social circumstances on unfavourable health through:

- ❖ Ensuring services are accessible to all based on need, and barriers to care are addressed
- ❖ Prioritising prevention, primary and community services to maximise benefit to the most disadvantaged groups
- ❖ Supporting services and initiatives to reduce the impacts of inequalities on health and well being
- ❖ Working with community planning partners to address underlying social inequalities that result in health inequalities
- ❖ Offering income maximisation assistance to families and access to specialist benefits and money advice

People living in some communities are more likely to be living in poorer health and to die younger with higher rates of cancer, stroke, diabetes and heart disease. People with disabilities are more likely to have lower educational achievements, higher rates of poverty and poorer health outcomes. Unpaid carers are also more likely to have poorer health and creating barriers to them achieving their own personal outcomes and goals.

Prevention and Early Intervention

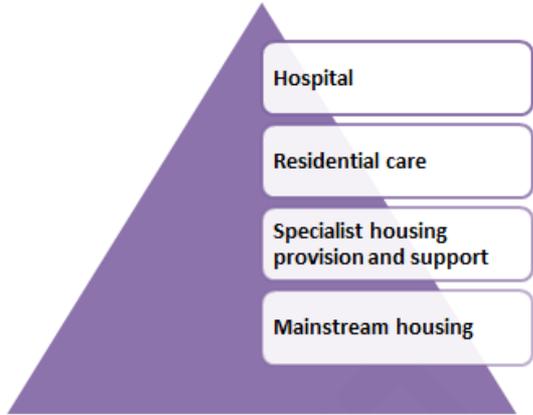
West Lothian’s population is changing and we recognise that. With projected increases in all age demographics in the coming years, we must aim to deliver on Housing contributions statement given to ensure that population needs are met. Supporting people to remain in the most appropriate form of accommodation or housing will allow us to ensure that those at risk of facing barriers to independent living will be addressed at the earliest possible stage. Promotion of community based services included those provided by the 3<sup>rd</sup> and Independent sectors will continued to be developed to transform day-to-day health and social care to ensure support is provided by the right person at the right time.



A key aim for the West Lothian IJB is to support people to become more familiar with the range of digital options available to them and support those living in West Lothian into the digital age to allow everyone to both access information and services. We will continue to develop a digital workforce and improve the use of technology enabled care to ensure we are supporting those at the earliest possible stage. Early intervention, through technology enabled assessment for care, will also continue to support those requiring health and social care services to remain at home and live more independently.

Integrated and Coordinated Care

Care should be delivered in an individual’s home or community whenever possible. Clinical necessity will continue to be the procedure for admitting an individual to hospital as we recognise individuals recover better in comfortable and homely surroundings. The aim of our strategic Commissioning is to ensure more care is delivered in the community.



Alongside being involved with the decisions made in their care, individuals will be discharged from hospital as soon as possible to allow them to regain independence and access local services through a smooth transitions process. This will include improving use of technology to support people at home.

Our focus will be on ensuring we deliver the right care, in the right place, at the right time for each individual so that people are:

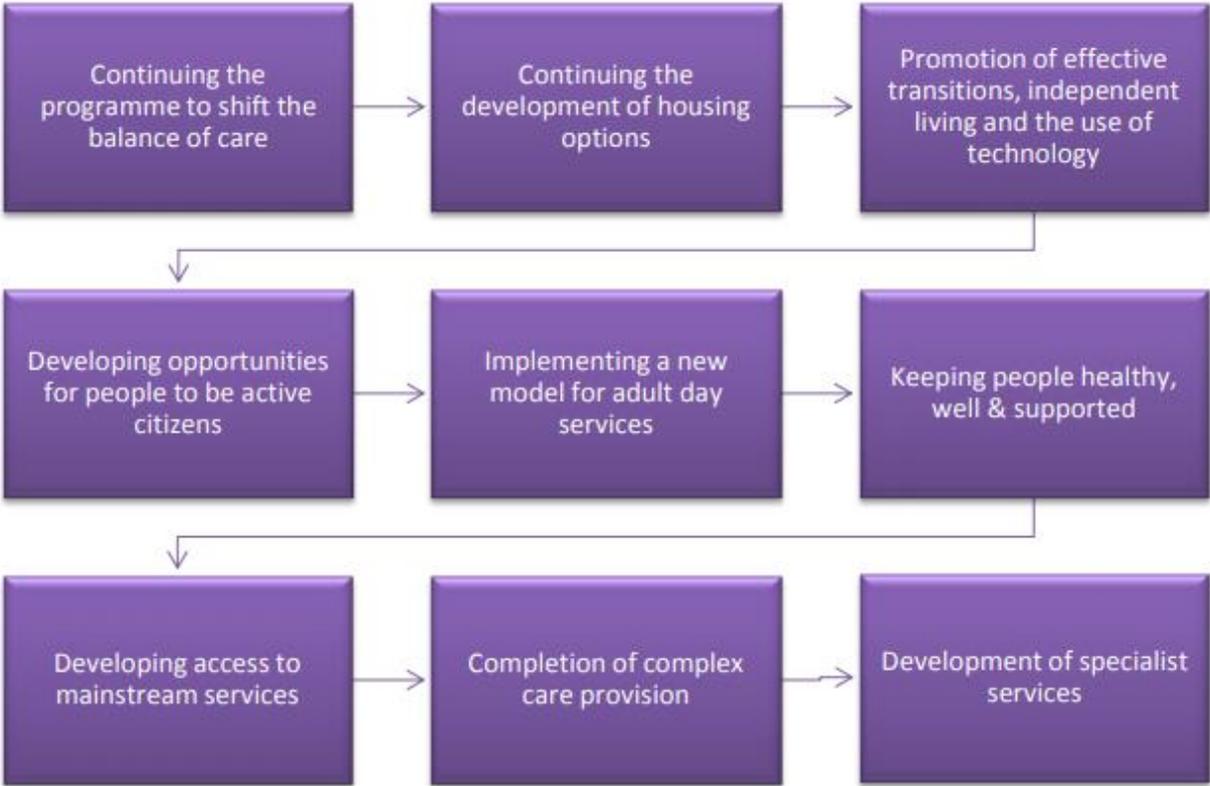
- ❖ Assessed, treated and supported at home and within the community wherever possible and are admitted to hospital only when clinically necessary
- ❖ Discharged from hospital as soon as possible with support to recover and regain their independence at home and experience a smooth transition between services
- ❖ Safe and protected and have their care and support reviewed regularly to ensure these remain appropriate
- ❖ Actively involved in decisions about how their health and social care needs should be met through placing ‘good conversations’ at the centre of our engagement with them

The Mental Welfare Commission for Scotland has published its Annual report (2019) detailing recommendations for integrated authorities to consider when planning services for those with Autism and complex needs. All recommendations have been considered through the development of this strategy.

Managing Our Resources Effectively

To improve experience of those using our services, we aim to ensure there is a wide choice of community based services and we will signpost people to the most appropriate resource to meet their needs. The age profile of the workforce together with fewer people choosing a career in health and social care is impacting on sustainability making it harder to recruit and retain a skilled health and social care workforce. As a result of this we aim to work closely with service providers to ensure that the right people are in the right roles to offer good quality support to those that need it.

Based on these outcomes transforming Learning Disability services in West Lothian will be focused on the following:



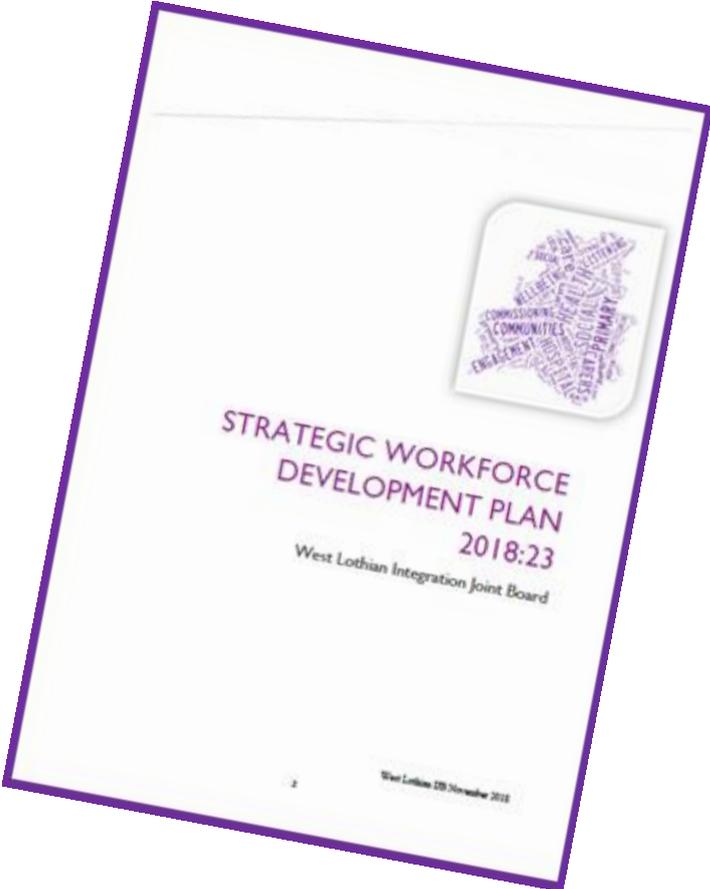
Such is the size of transformational change over the coming 3 years there will need to a strong focus on supporting the workforce to be agile in responding to rapidly changing in care needs now and in the future.

To achieve our objective of providing high quality care and support for adults living with a learning disability in West Lothian we need ensure that

our workforce within the HSCP are provided the skills and training to do the job, with an emphasis on utilising the right skill for the right intervention in the right place. There is an opportunity to continually develop partnership and align the workforce to the development of West Lothian Strategic priorities and local outcomes.

A clear message from our recent public engagement events show that people want to be able to live in their own homes for as long as possible. The direction will be to ensure services are personalised to their specific needs and delivered in a joined up way that offers consistency, opportunities to access community support and services and prevent social isolation.

To meet these challenges, our workforce needs to transform like never before. This means attracting and securing a vibrant future supply, upskilling our existing staff, creating and embracing new roles, mobilising innovation and exploring new ways of working. Ensuring compassionate and inclusive leadership will also be key to the success of our Strategic Commissioning going forward. Drawing upon best practice examples developing within Scotland and further afield, we will learn from our public engagement exercises and will strive to ensure the knowledge, skills, values and attitudes of the workforce are the right ones to empower those using self-directed support.



Having a workforce with the right skill, at the right time and in the right place provides the foundation for the delivery of effective health and social care services. Our transformational change programmes will be underpinned by this ambition and will link to the IJB's Workforce Development Strategy.

## 8. Finance

In line with the approach to IJB financial planning, budget plans have and continue to be developed across health and social care functions and officers supporting the IJB are at the forefront of ensuring overall health and social care considerations are taken into account in a collaborative approach to IJB and partner financial planning. This should importantly help ensure a consistent approach to service and financial planning for delegated health and social care functions across the IJB, Council and Health Board.

Detailed below is an annual average of total planned spend in West Lothian (2019/20) regarding services for those living with a learning disability:



## 9. Next Steps

The Learning Disability Commissioning Plan is designed to inform service development from 2019 to 2023, at a time of continued re-shaping of the commissioning environment within health and social care. Some of the priorities outlined in the plan have an end date beyond the life of the commissioning plan as they are linked to developments with a longer timescale. Decision on the investment and disinvestment of resources will require to be made as the actions outlined below are progressed.

The following action plan will support the development of services for people living in West Lothian with a Learning disability and will incorporate the strategic priorities contained in this commissioning plan. Progress will be monitored via the Adults with Disability Planning and Commissioning Board.

The Learning Disability Commissioning Plan will be reviewed annually, and commissioning intentions developed each year in the form of an annual report which will summarise activity, progress and performance for the year. Further detail can be found in section 10.

The 2015 commissioned needs assessment made 17 recommendations to improve service provision for those living in West Lothian with a Learning Disability (Appendix 2). These recommendations have been mapped against the National Health and Wellbeing Outcomes (Appendix 3) and other HSCP strategies (Appendix 4) to develop the Commissioning plan priorities detailed below:

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
1.	Transition - a whole life approach						
	Build on existing work to develop the transition experience of people with a learning disability and autism based on the 'Principles of Good Transition'.	- Ensure transition planning begins two years prior to an individual leaving full time secondary education.	1, 3, 4	EI&P, ICC	% of children with a learning disability in a position of an integrated transition plan	2023	Senior Manager Adult Services
		- Develop and publish an integrated transitions policy.	4, 5, 8, 9	ICC, TI	Policy published	2022	Team Manager Strategy - Business Support
		- Consider transition planning in terms of housing and reflect housing needs for LD population in the West Lothian Local Housing strategy.	2, 4, 8, 9	TI, MRE	Strategy published	Annual update 2020-2023	Team Manager Housing
		- Review transitions planning and produce pathways to ensure good transition.	3, 4, 8, 9	EI&P, ICC, TI, MRE	Pathways document published	2022	Group Manager Adult Services / Associate Specialist Learning Disability
2.	Develop Suitable Housing options						

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
	Continue to develop a range of 'core' housing models to enable people with learning disability to live within local communities.	- Contribute to the West Lothian Local Housing Strategy to ensure the core and cluster housing model is reflected.	2, 3, 4, 8, 9	TI, MRE	Strategy published	Annual update 2020-2023	Team Manager Housing
		- Establish Adults with Disabilities Housing project board to ensure strategic vision is delivered throughout all related services	2, 8, 9	TI, MRE	Board established and reporting to Planning and Commissioning Board	2020	Group Manager Adult Services / Team Manager Housing
		- Continue the development of the Core and Cluster model of housing to ensure additional core services are available in West Lothian, having regard for the efficiency of £774,000 detailed in the West Lothian Transforming your Council Strategy.	2, 4, 9	ICC, TI, MRE	No. of adults with a learning disability living out with traditional residential settings	2023	Team Manager Housing
		- Review all out of area placements, in line with Scottish governments 'Coming Home report' to better determine demographics for those who may be considered for specialist housing options.	2, 3, 4, 9	ICC, TI, MRE	No. of out of area placements	2021	Group Manager Adult Services
3.	Meaningful and Sustainable range of day opportunities						

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
	People in West Lothian living with a learning disability should have a range of day activities to choose from when accessing support.	- Continue to offer a range of services and resources to meet a spectrum of need, recognising that for some people traditional centre based day activities continue to play an important part in their overall support arrangements. This will be delivered in regard to the efficiency of £755,000 detailed in the West Lothian Transforming your Council Strategy.	2, 4, 9	ICC, TI, MRE	No. of adults with a learning disability using alternatives to day centre services	2022	Senior Manager Adult Services
		- Work collaboratively with our 3 <sup>rd</sup> and independent sector to enable freedom of choice when accessing activities during the day in West Lothian.	2, 3, 4, 8, 9	EI&P, TI, ICC, MRE	Further day activities available in West Lothian	2022	Group Manager Business Support
4.	Supporting Families and Carers						
	There is a duty for local authorities to provide support to carers, based on the carer's identified needs which meet the local eligibility criteria.	- Review unpaid carers Advocacy in West Lothian.	1, 2, 3, 4, 6, 8	EI&P, TI	Review in line with Carers Strategy	2020	Team Manager Business Support - Contracts and Finance
		- Continue to deliver commitment to meaningful and sustainable respite opportunities to support carers and families in West Lothian.	1, 2, 4, 6, 7, 9	EI&P, TI, ICC, MRE	Review complete and recommendations given to Planning and Commissioning Board	2023	Senior Manager Adult Services

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
		<ul style="list-style-type: none"> <li>- Complete review and publish revised carer's strategy in line with the Carers (Scotland) Act 2016.</li> </ul>	1, 2, 3, 4, 6, 8	EI&P, TI	Strategy published	2020	Team Manager Business Support
		<ul style="list-style-type: none"> <li>- Support all carers to access information, support and services in line with the Council's carer's eligibility criteria.</li> </ul>	1, 2, 3, 4, 6	EI&P, TI	Review of Commissioned Services	2021	Group Manager Business Support – Strategy
5.	Ensuring choice through Self-Directed Support.						
	Focus on market development to ensure people have access to opportunities which enable personal outcomes to be met	<ul style="list-style-type: none"> <li>- Ensure practitioners and business support services and other stakeholders are involved in shaping market development.</li> </ul>	2, 3, 8, 9	ICC, MRE	Market Facilitation plan updated and published	Annual update 2020-2023	Team Manager Business Support - Contracts and Finance
		<ul style="list-style-type: none"> <li>- Ensure service users and carers have a say in how future services should be developed.</li> </ul>	1, 3, 4, 8, 9	EI&P, TI, MRE	Feedback provided through Service users Forums	Annual update 2020-2023	Team Manager Business Support – Customer and Community
		<ul style="list-style-type: none"> <li>- Ensure those receiving SDS have information and advice in order to support them to achieve their personal outcomes.</li> </ul>	1, 3, 4, 9	EI&P, TI	Review of Commissioned Services	2021	Group Manager Business Support

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
6.	Complex needs relating to those displaying stressed and distressed behaviour						
	Development of resources for people from West Lothian whose needs require a high level of support	- Develop complex needs housing development that will support those that demonstrate stressed and distressed behaviour as a result of their complex needs.	2, 4, 7, 9	TI, ICC, MRE	Complex care housing development open and residents offered tenancies	2022	Senior Manager Adult Services
		- Ensure that the vision for LD accommodation, including provision for people with complex needs related to stressed and distressed behaviour, is reflected in the West Lothian local Housing Strategy.			Demographics are reported through Housing Project Board.	Annual update 2020-2023	Team Manager Housing
		- Implement, support and develop the Positive Behavioural Support (PBS) model to ensure those demonstrating stressed and distressed behaviour as a result of their complex needs are supported to live in West Lothian.	1, 2, 4, 7, 9	EI&P, TI, ICC, MRE	No. of out of area placements.	2023	Group Manager Adult Services / Clinical psychologist (PBS Lead)
7.	Peer support and social activities						
	People with a learning disability are able to access	- Ensure that everyone in West Lothian has access to disability information and advice, to allow	1, 2, 3, 4, 9	EI&P, TI	Review of Commissioned Services.	2021	Group Manager Adult

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
	their local community and have opportunities for socialisation and building friendships	them to better utilise local services.					Services
		- Support the promotion of Social Activities through the wider West Lothian networks.	1, 2, 3, 4, 8	EI&P, TI	Feedback provided to service user forums.	2022	Group Manager Adult Services
8.	Health Screening						
	Screening is the process of identifying people who appear healthy but may be at increased risk of a disease or condition	- Use learning from the Health Equality Framework to improve uptake of screening and to inform service development.	1, 4, 5, 8	EI&P, TI, ICC	% of adults with a learning disability accessing core health services.	2022	Clinical Nurse Manager
		- Review commissioning approach to ensure health screening is identified as a component of effective care planning.	1, 4, 5, 8	EI&P, TI, ICC	Review of Commissioned Services	2021	Clinical Nurse Manager/ Mhairi Walker
9.	Access to Information						
	People have access to the information they need, when they need it and in an	- Ensure appropriate arrangements are in place for both carers of people with a learning disability and service users themselves to access information and advice. This should	1, 2, 3, 4, 6, 7, 8	EI&P, TI, ICC, MRE	Review of Commissioned Services	2021	Group Manager Business Support / Group

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
	appropriate format.	include options for technology enabled care.					Manager Assessment
		- Ensure all information, advice and advocacy services are reaching those with a learning disability and autistic people.	1, 2, 3, 4, 6, 7, 8	EI&P, TI	Review of Commissioned Services	2021	Team Manager Business Support - Contracts and Finance
10.	Inclusive services for Autistic people						
	Autistic people vary greatly in their support needs. Services should reflect this varying need.	- Refresh and publish Autism Strategy and action plan to support Autistic people in West Lothian to live independently.	1, 3, 4, 7, 8	EI&P, TI	Strategy and action plan published	2022	Autism Strategy Group Lead
		- Review information and advice services to ensure they are best placed to support autistic people living in West Lothian.	1, 3, 4,8	EI&P, TI	Review of Commissioned Services	2021	Group Manager Business Support
11.	Employment						
	People with a learning disability and/or Autistic people have access to a range of employment opportunities and are supported by clear pathways to	- Continue to deliver <i>Project Search</i> in collaboration with West Lothian College.	1, 2, 3, 4	TI	% participation in <i>Project Search</i>	2022	Group Manager Adult Services
		- Continue to deliver supported employment and review the model to offer maximised capacity to service users.	1, 2, 3, 4, 9	TI	% of adults with a learning disability in employment	2022	Group Manager Adult Services

	Area of Development	Actions	Relevance to Outcomes (Appendix 3)	Relevance to Strategic Priorities	Measures	Timescale	Lead Officer(s)
	the open labour market	<ul style="list-style-type: none"> <li>- Review and implement new referral routes into supported employment projects.</li> </ul>	1, 3, 9	TI	Referral routes established and published on HSCP website.	2022	Group Manager Adult Services

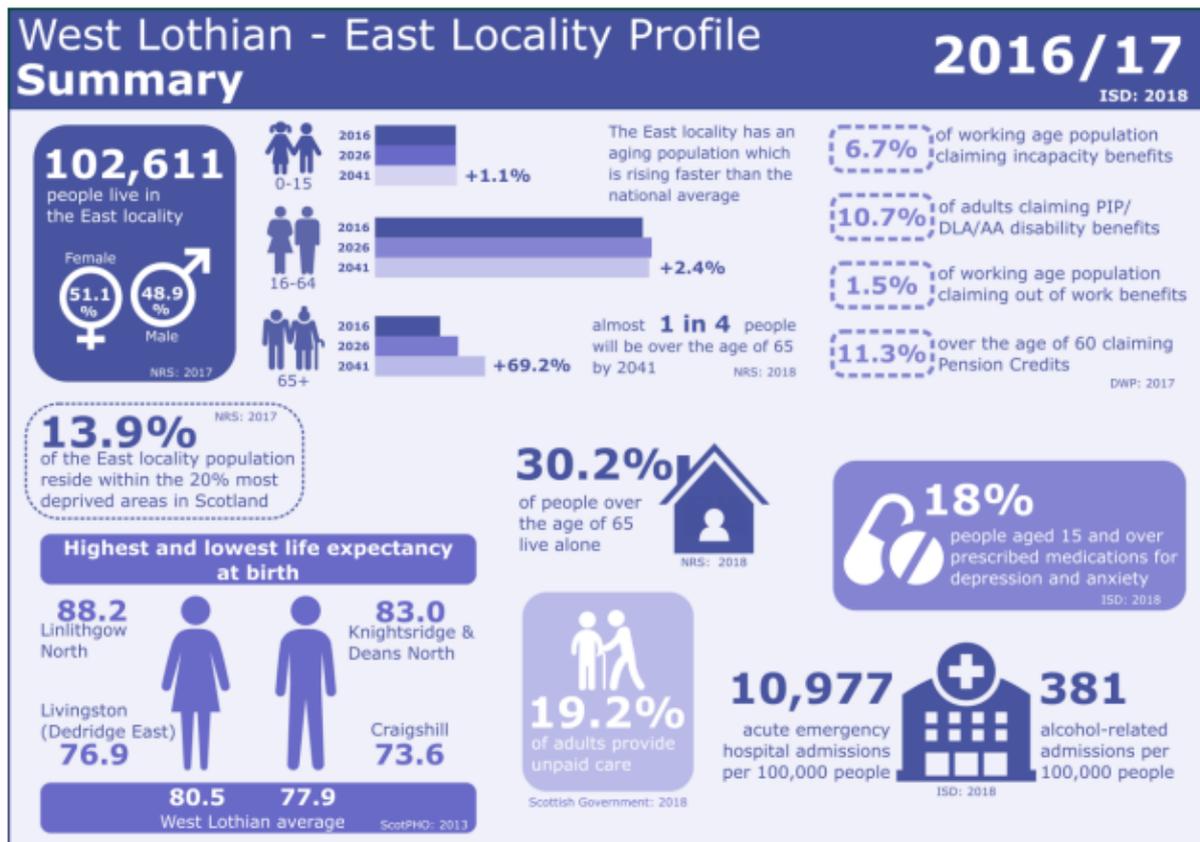
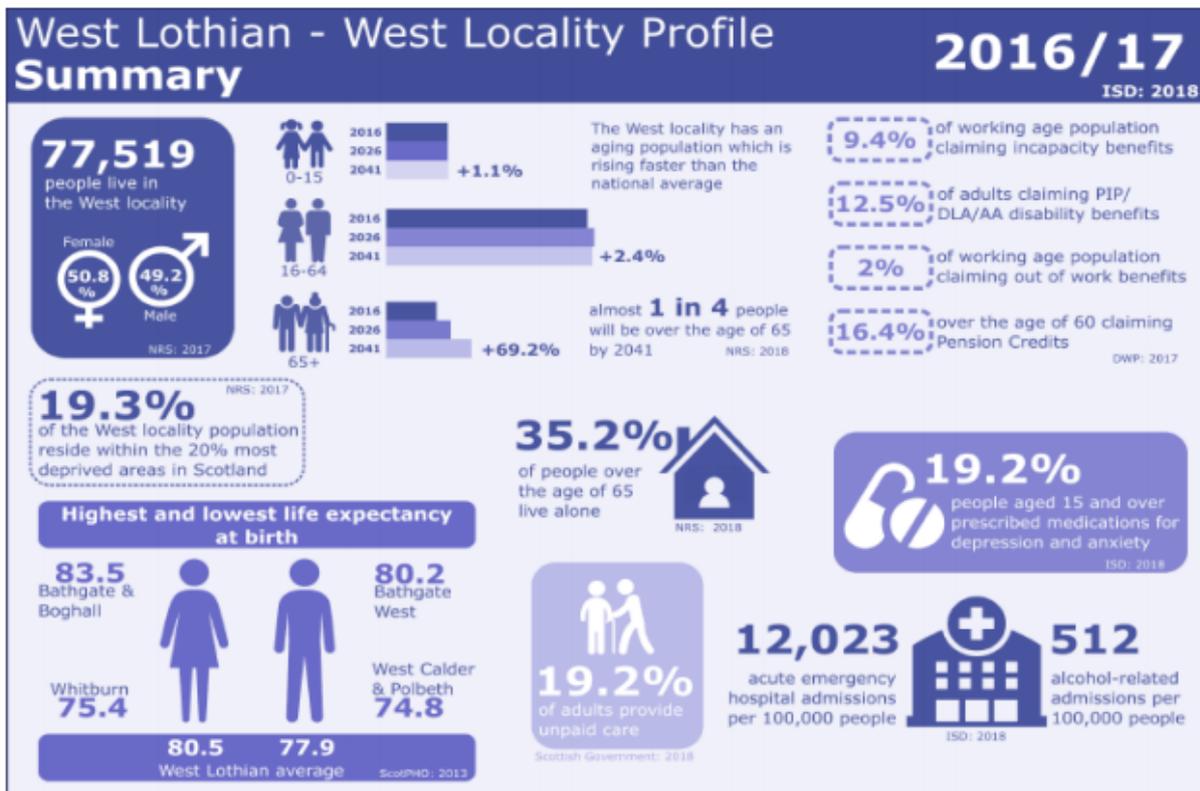
## **10. Monitoring and Review**

A performance management framework will be developed to underpin the strategic commissioning plan. The performance framework will provide a mechanism for measuring progress and impact in relation to each of the priorities outlined in the plan.

The Adults with Disabilities Planning and Commissioning Board which meets at least 6 times per year will oversee the implementation of the Learning Disability Commissioning Plan. The Board will provide performance and progress reports to the Strategic Planning Group.

Formal updates on progress in relation to the commissioning plan will be submitted to the Integration Joint Board every 6 months.

## Appendix 1 - Locality Profiles



## Appendix 2 - Strategic needs assessment recommendations

The following 17 recommendations were identified under 5 key themes:



- An integrated Health & Social Care Learning Disability Strategy should be developed with a broad range of stakeholders. The strategy should be inclusive of people who have both autism and a learning disability, and should be cross-referenced to the existing 2015 Autism Strategy for West Lothian
- An integrated Health and Social Care Autism Implementation/Action Plan should be developed, in order to fully operationalise the existing 2015 Strategy
- A full Communications Strategy, with one work stream targeted at professionals and one work stream targeted at service users and their families/carers to be developed to support the strategy
- The development of strategy must include transport provision to and from services, as well as access to community activity and work
- Commissioners are encouraged to consider reviewing and strengthening the availability and profile of transition services within West Lothian
- Commissioners should review the pattern of service provision and contracting for people with learning disability aged 55+ to ensure that it strengthens the co-ordination of care and effective partnership working and communication and provides appropriate care and end of life provision
- Future joint planning for services needs to take account of research into prevalence, the local knowledge of each known person, whilst at the same time seeking as much information about 'hidden' populations

- A housing strategy for people with a learning disability is developed in collaboration with housing strategy and community planning partners
- The West Lothian Partnership should work with the local Housing Strategy Group to seek opportunities which will provide core and cluster for permanent living and a resource for short breaks which can be purchased on a flexible basis for others (for example, older people, people with sensory needs)
- Commissioning strategies and plans should be reviewed in respect of daytime opportunities
- Construct an integrated working guide involving learning disability and autism services and mainstream service provision in housing, health care and other relevant services (e.g. criminal justice)
- Respite services and short break opportunities need to be further developed to be more responsive to the needs of an ever changing population including ensuring that staff and parents/carers understand what services are available and how to appropriately refer and access
- Support for all staff in SDS development is essential to progress. A stronger message of the SDS approach being the mainstream approach and there being no choice in its use would be beneficial. Commissioning plan should focus on the market development aspect of SDS
- West Lothian needs to continue being a full partner in the pan-Lothian plan regarding provision for those people with a learning disability who have complex needs
- Enhance the role and availability of the third sector and peer support services and networks to support integrated care and outcomes for people.
- Consideration should be given to developing a clear framework for how service users and their families/carers could and should be involved in the delivery, development and commissioning of learning disability services
- There is a clear need for a comprehensive training needs analysis to inform the development of a long-term programme of workforce development opportunities.

**Appendix 3 - Scottish Government Health & Wellbeing outcomes**

The 9 Scottish Government Health and Wellbeing outcomes:

<b>1</b>	<b>People are able to look after and improve their own health and wellbeing and live in good health for longer.</b>
<b>2</b>	<b>People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.</b>
<b>3</b>	<b>People who use health and social care services have positive experiences of those services, and have their dignity respected.</b>
<b>4</b>	<b>Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.</b>
<b>5</b>	<b>Health and social care services contribute to reducing health inequalities.</b>
<b>6</b>	<b>People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their caring role on their own health and well-being.</b>
<b>7</b>	<b>People who use health and social care services are safe from harm.</b>
<b>8</b>	<b>People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide.</b>
<b>9</b>	<b>Resources are used effectively and efficiently in the provision of health and social care services.</b>

## **Appendix 4 - Legislation, local and national strategies**

Below are several strategies and strategic plans that complement the development of the Commissioning plans:

[West Lothian IJB Strategic Plan 2019-23](#)

[West Lothian IJB Participation and Engagement Strategy 2016-26](#)

[West Lothian Autism Strategy 2015/25](#)

[Active Travel Plan for West Lothian 2016-2021: Making Active Connections](#)

[West Lothian Children's Services Plan 2017-20](#)

[West Lothian Local Housing Strategy 2017-22](#)

[West Lothian People Strategy 2018/19-2022/23](#)

[West Lothian Anti-poverty Strategy 2018/19-2022/23](#)

[Scottish Transitions Forum – Principals of Good Transition](#)

[Mental Welfare Commission for Scotland: Autism and complex care needs report](#)

Legislative context

[UN convention on the rights of persons with disabilities](#)

[Social Work \(Scotland\) Act 1968](#)

[Adults with Incapacity \(Scotland\) Act 2000](#)

[Community Care and Health \(Scotland\) Act 2002](#)

[Transport \(Scotland\) Act 2005](#)

[Public Health etc. \(Scotland\) Act 2008](#)

[The Equality Act 2010](#)

[The Equality Act 2010 \(Specific Duties\) \(Scotland\) Regulations 2012](#)

[Public Bodies \(Joint Working\) \(Scotland\) Act 2014](#)

[Community Empowerment \(Scotland\) Act 2015](#)

[Mental Health \(Scotland\) Act 2015](#)

National Strategies

[The Keys to life - Improving the quality of life for people with Learning Disabilities](#)

[The Keys to Life - Unlocking Futures for People with Learning Disabilities Implementation framework and priorities 2019-2021](#)

[A Fairer Scotland for Disabled People: Delivery Plan](#)

[Scottish Strategy for Autism: outcomes and priorities 2018-2021](#)