

MAT STANDARDS IMPLEMENTATION PLAN: QUARTERLY/MONTHLY PROGRESS UPDATE

This progress update sets out quarterly or monthly progress against the delivery of the MAT Standards Implementation Plan, as well as the related quarterly reports required for the Drug and Alcohol Waiting Times and the Treatment Target.

Integration Authority	West Lothian
Period covered	Q1 2022-23

This update is submitted by the lead officer/postholder nominated to ensure delivery of this Implementation Plan:

Name	Position/Job Title	Contact details
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MAT Standard 1	All people accessing services have the option to start MAT from the same day of presentation.		
Actions/deliverables to implement standard 1	Timescales to complete	Progress in period	Risks
<p>A test of change was implemented in Bathgate from April 2022 offering same day OST prescribing through drop-in clinics every Friday between 09.00 and 12.00. Once staff complement has been achieved drop-in clinics will be rolled out 5 days a week in the following areas: Bathgate, Blackburn, Broxburn, Howden and Whitburn. By 18.07.224 drop-in clinics were in operation across West Lothian.</p> <p>Prescribing guidelines are in place that support same-day prescribing and there is a Standard Operating Procedure to support the safe initiation of same-day opioid substitution therapy. As of 1/9/22 only one site – Whitburn - is outstanding. Online information has been updated by all services in the partnership with information on the same day prescribing clinics.</p> <p>Not all clinics have been well attended so there is a plan below to consider an evening clinic to see if that improves attendance. Additionally partners will work with local homeless units to improve attendance. Homelessness addictions workers may support this.</p> <p>Referral pathways to the same day clinics have been expanded to include telephone and GP referrals.</p>	4 Days completed by 18 th July 2022		
Offering 4 days same day prescribing service currently. Plan now in place to increase this to 5 days by offering an evening clinic to accommodate people who cannot attend during the day. This will depend on securing access to a venue	6 th October 2022	Venue agreed Staffing appointed, awaiting start date.	Delay in staff starting

Assessment of Progress:	<i>Amber</i> ¹	
Comment / remedial action required This is on target to be green as of the 6 th of October 2022 assuming workforce		

¹ **Green** - On track to achieve actions/ deliverables; **Amber** - Some delays to deliver but remedial action will enable delivery; **Red** - delays to delivery which require significant remedial action

MAT Standard 2	All people are supported to make an informed choice on what medication to use for MAT and the appropriate dose.		
Actions/deliverables to implement standard 2	Timescales to complete	Progress in period	Risks
Clinical guidelines in place which include methadone and short and long-acting buprenorphine as treatment choices for people who present. The Lothian formulary now does have long-acting buprenorphine as an available medication choice.	Complete June 2022		None
When people attend drop in clinic information leaflets are given to clients on choice of medication and discussed with staff on site	Complete June 2022		None
The ADP have secured funding for Home Office licenses for the storage of controlled drugs , one in Whitburn and one in Broxburn to improve access to medication for same day prescribing and ensure Buvidal can be kept in stock. This action will progress once we are clear that the drop-in clinics are successful in the area we apply for. This does not prevent prescribing in all geographical areas within WL but will improve efficiency, as patients are prescribed sub-lingual buprenorphine then transferred to LAI.	December 2022		None
There is a pilot in Blackburn Pharmacy that allows administration of Buvidal by a pharmacist and we will monitor the effectiveness of this. This will increase the local delivery of Buvidal but does not prevent Buvidal being available across the council area	Will report in June 2023	Pilot started June 2022	Pilot may not be effective
Assessment of Progress:	<i>Green</i>		
Comment / remedial action required MAT 2 SOP to be signed off			

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MAT Standard 3	All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.		
Actions/deliverables to implement standard 3	Timescales to complete	Progress in period	Risks
<p>There is a draft Standard Operating Procedure for assertive outreach to people who experience near fatal overdose and attend Scottish Ambulance Service, Police Scotland or E.Ds. Information sharing agreements are in place with NHS Lothian, West Lothian Council, and all commissioned partners contracted by West Lothian ADP and West Lothian council.</p> <p>This allows anyone who has taken an overdose to be flagged to the addictions team who advise a third sector assertive outreach team if their intervention is considered to be necessary to support immediate access to MAT.</p> <p>Policies and procedures for child and adult protection are in place and include staff training. The draft SOP will shortly be agreed between commissioned partners and NHS Lothian. This will also include a measure of the interventions and their outcomes.</p> <p>The pathway currently operates but the SOP is being reviewed. The recent change to this is that reports are now sent daily rather than weekly to ensure that there is an offer of MAT within 24 hours or up to 72 hours at weekends</p>	<p>Pathway in place since October 2021 SOP to be reviewed by October 2022</p>		
<p>People at high risk are also identified through arrest referral in Livingston custody suite, and voluntary through care arrangements for West Lothian residents liberated from Her Majesty's Prisons Edinburgh and Addiewell. We are working closely with Police Scotland and receive direct referrals for high risk people they come across.</p>	<p>Historically in place</p>		
<p>The Addictions service has invested in training for ward staff at St John's Hospital to improve identification and support for high risk people attending hospital. The Addictions Liaison service offer same day treatment (Monday to Friday) if anyone is identified by the inpatient services.</p>	<p>Historically in place</p>		

Assessment of Progress:	<i>Green</i>			
Comment / remedial action required NFO SOP to be signed off				

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MAT Standard 4	All people are offered evidence-based harm reduction at the point of MAT delivery.			
Actions/deliverables to implement standard 4		Timescales to complete	Progress in period	Risks
This standard is implemented as the core harm reduction interventions (naloxone, injection equipment, blood borne virus testing, sexual health and wound assessment and management) are consistently available at the same time and place as all MAT appointments.		Completed July 2022	Increased staff training across the partnership in harm reduction interventions	
The above should be offered at every appointment the patient attends. They are offered routinely across the partnership by NHS and 3 rd sector staff at every clinic. A spreadsheet is kept which documents whether each of the 6 harm rection measures are offered at each appointment. It notes both offers and completion of harm reduction		Completed July 2022	Spreadsheet implemented and is now standard practice	
Assessment of Progress:	<i>Green</i>			
Comment / remedial action required Harm reduction SOP				

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MAT Standard 5	All people will receive support to remain in treatment for as long as requested.		
Actions/deliverables to implement standard 5	Timescales to complete	Progress in period	Risks
The ADP reports that there are a variety of approaches to enable retention in care and safe discharge. These include regular partnership meetings and case load reviews to ensure people are seen by the most appropriate service or staff and there is the option to have shared care with primary care. There is a variety of strategies to manage caseloads and appointment systems, including fixed appointments, drop-ins, four evening and a Saturday morning clinic.	In place April 2022		
The use of pharmacy sites and recovery café clinics are currently being explored for patients to be transferred for ongoing support.	Ongoing		
If someone does not attend an appointment, the individual team will assertively follow up. If no contact can be established, a referral may be made to the CGL Assertive Outreach Service, depending on risk. CGL have a risk stratification strategy to prioritise follow up. Contact may be telephone or face to face depending on need, risk and preference.	Complete since July 2022		
Should someone suitable for Primary Care prescribing then people can be supported via the Enhanced Practices. This extends across the council area.	Historically available		
Assessment of Progress:	<i>Green</i>		
Comment / remedial action required			

SOP for assertive contact to be signed off

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MAT Standard 6	The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.			
Actions/deliverables to implement standard 6		Timescales to complete	Progress in period	Risks
West Lothian has a senior psychologist embedded in the third sector Psychological Therapies Service. This supports the third sector to deliver Tier 1 and 2 interventions.				
MIST funded 05. B5 Psychology Assistant was recruited to, to support lower tier interventions.				
All organisations work to develop social networks as part of their activity.				
Further work to ensure there is resilience and sustainability in the teams to ensure the whole system achieves MAT 6 is required		March 2023		
Assessment of Progress:	<i>Amber</i>			
Comment / remedial action required				
Review systems to ensure resilience and sustainability				

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MAT Standard 7	All people have the option of MAT shared with Primary Care.			
Actions/deliverables to implement standard 7		Timescales to complete	Progress in period	Risks
Most practices in West Lothian operate an enhanced contract to allow GP prescribing of MAT. Where practices do not, neighbouring practices can offer a service.				
Further work will be required to support those practices to ensure that MAT standards can be met in those areas		March 2023		
Assessment of Progress:	Amber			
Comment / remedial action required				
Review of care offered in Primary Care and identify gaps				

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MAT Standard 8		All people have access to independent advocacy and support for housing, welfare and income needs.		
Actions/deliverables to implement standard 8		Timescales to complete	Progress in period	Risks
ADP funds additional advocacy within the broader mental health advocacy contract. This was increased recently.				
ADP has funded specific advice hours as part of the 'Advice Shop' to provide welfare and income needs.				
Housing needs are supported via good links with housing. Providing services for additional housing needs remains challenging.				
Assessment of Progress:	<i>Amber</i>			
Comment / remedial action required				
Review access to housing support as part of RRTP Health and Wellbeing Subgroup				

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MAT Standard 9	All people with co-occurring drug use and mental health difficulties can receive mental health care at the point of MAT delivery.			
Actions/deliverables to implement standard 9		Timescales to complete	Progress in period	Risks
The addiction services work closely with the mental health crisis team and can have joint assessments for people with both addictions and mental health problems who are an acute crisis				
CPNs in CMHTs can offer support to addictions teams or provide assessment and support				
There is a plan to improve assessment and treatment for routine co-occurring mental health and addictions. This is in the form of a QI process		March 2023		
Assessment of Progress:	<i>Amber</i>			
Comment / remedial action required				
Improve pathways for people with co-morbid issues - ongoing improvement work led by Service Manager				

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MAT Standard 10		All people receive trauma informed care.		
Actions/deliverables to implement standard 10		Timescales to complete	Progress in period	Risks
A subgroup of the ADP to drive forward MAT 6&10 has been set up.		Completed		
Trauma training is being rolled out across all ADP services		Ongoing – this will need to be rolling		
A ADP subgroup is exploring ‘Trauma walk-throughs’ and trauma audits to assess trauma informed care. These will link in with the Lived Experience Panel to ensure that there is lived experience assessment and feedback or the care.		March 2023		
A Trauma Board across the HSCP has been set up and that is leading Trauma approaches across all departments		Completed	Board started August 2022	
Assessment of Progress:	<i>Red/Amber/Green</i>			
Comment / remedial action required Ongoing Trauma rollout				

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Local Delivery Plan Standard: Drug and Alcohol Waiting Times

Please complete this section only if you did not achieve the Waiting Times Local Delivery Plan Standard.

The LDP Standard requires that 90% of people wait less than 3 weeks between referral and treatment. Please reference any actions in the MAT Standards Improvement Plan.

Q1 Performance:	89%
Q2 Performance:	
Q3 Performance:	
Q4 Performance:	

Key actions to improve performance	Timescales to complete	Progress in period	Risks
Continue to recruit additional staff to support standard	By 6 October 2022		Workforce difficulties
ADP to offer ongoing support to partners, noting additional one year investment to both WLDAS and CGL	Ongoing		
Comment / remedial action required			

Substance Use Treatment Target

Please complete this section only if you did not achieve your quarterly projections to deliver the Substance Use Treatment Target by 2024

	Projection	Performance
Q1 Performance:		
Q2 Performance:		
Q3 Performance:		
Q4 Performance:		

Key actions to improve performance	Timescales to complete	Progress in period	Risks
N/A – first data to be published September 2022			
Comment / remedial action required			